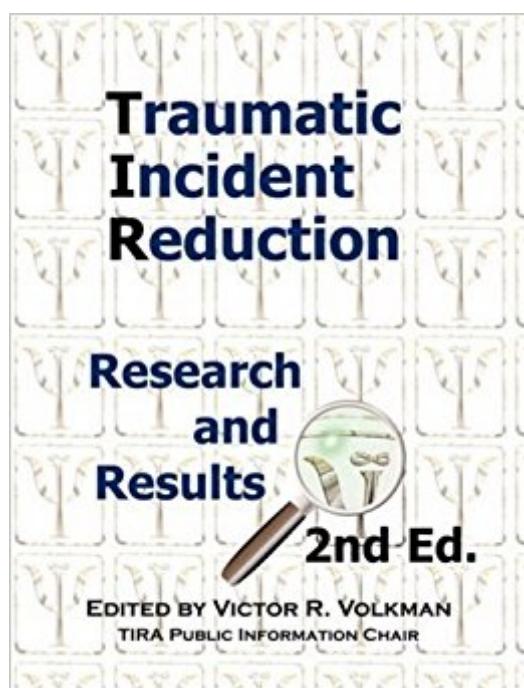


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# Traumatic Incident Reduction: Research And Results



## Synopsis

What Traumatic Incident Reduction (TIR) Does: "When accessed with the specific cognitive imagery procedure of TIR, a primary traumatic incident can be stripped of its emotional charge permitting its embedded cognitive components to be revealed and restructured. With its emotional impact depleted and its irrational ideation revised, the memory of a traumatic incident becomes innocuous and thereafter remains permanently incapable of restimulation and intrusion into present time."

-Robert H. Moore, Ph.D. What's Inside the Book: Traumatic Incident Reduction: Research & Results provides synopses of several TIR research projects from the early 1990s to today. Each article, in the researcher's own words, provides new insights into the effectiveness of Traumatic Incident Reduction. The three doctoral dissertation level studies that form the core of this book investigate the outcome results of TIR with crime victims, incarcerated females, and anxiety and panic disorders respectively (Bisbey, Valentine, and Coughlin.) Both informal and formal reports of the "Active Ingredient" study by Charles R. Figley and Joyce Carbonell of Florida State University investigate how TIR and other brief treatments for traumatic stress provide relief. A further case study by Teresa Descilo, MSW informs of outcomes from an ongoing project to provide help to at-risk middle-school students in an inner-city setting. An introduction by Robert H. Moore, Ph.D. provides background into how TIR provides relief for symptoms of Post-Traumatic Stress Disorder (PTSD) and firmly establishes the roots of TIR in the traditions of desensitization, imaginal flooding, and Rogerian techniques. Researcher's Praise for TIR "TIR does not require years of collegiate study to pre-qualify the provision of assistance to others. The efficacy of TIR is not contingent on the unique talents of a particular facilitator. The procedure is standardized and does not require continuous adjustments." -Wendy Coughlin, Ph.D. From the EXPLORATIONS IN METAPSYCHOLOGY SERIES Series Editor: ROBERT RICH, PH.D. Learn more about this subject at [www.TIR.org](http://www.TIR.org)

## Book Information

Paperback: 184 pages

Publisher: Loving Healing Press; 2nd edition (January 16, 2008)

Language: English

ISBN-10: 1932690506

ISBN-13: 978-1932690507

Product Dimensions: 7.4 x 0.4 x 9.7 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 3 customer reviews

Best Sellers Rank: #3,909,299 in Books (See Top 100 in Books) #82 in Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Mental Health #807 in Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Psychiatric #2221 in Books > Textbooks > Social Sciences > Psychology > Neuropsychology

## Customer Reviews

I work with a lot of people with post traumatic stress disorder. The research in this book is helping me a lot with the people I am treating.

Happy with book and time it took to get it.

Traumatic Incident Reduction Research and Results, 2nd Edition From the Explorations in Metapsychology Series  
Edited by: Victor R. Volkman  
Publisher: Loving Healing Press  
ISBN: 978-1-932690-50-7  
Throughout the late 1980s and into the 1990s, Post Traumatic Stress Disorder (PTSD) became synonymous with the on-going anxiety and stress that often affected Vietnam War Veterans. Of course, since that time we have learned that PTSD is not just a problem for war veterans. PTSD can affect anyone of any age who has suffered from a traumatic injury, situation or negative experience. Traumatic Incident Reduction (TIR) therapy has been developed and proven to be very successful in treating PTSD and similar stress and anxiety manifestations. This outstanding publication offers an in-depth review of the highly structured person-oriented theory of TIR to successfully treat a wide range of emotional, mental and physical issues. By reading this book, you will learn how TIR came about and its basis in the basic tenets of psychology. The book offers numerous case studies, treatment outcome studies, and use of TIR with crime victims and incarcerated persons. Additionally, you will learn in detail about practitioner and client methodology, comparison of TIR to other treatment modalities, client perceptions of TIR and review an extensively detailed FAQ for TIR. I would highly recommend this collection of studies, papers and reviews to anyone (laypersons and professionals) interested in learning more about TIR. The usefulness of this book reaches far beyond the needs of the beginning student. The thoroughness of these studies will benefit both the beginner and advanced student or practitioner in the helping fields. Highly recommended addition to the permanent reference library of anyone who works with people who have suffered traumatic incidents.

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